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Pharmacist's role in managing anemia disease

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Abstract:

Anemia, a condition characterized by a deficiency in the number or quality of red blood cells, is one of the most prevalent health issues worldwide, affecting millions of individuals, particularly those in low-resource settings. Pharmacists, as key healthcare professionals, play a crucial role in the management of anemia by offering patient-centered care, improving medication adherence, and providing education on prevention and treatment strategies. This review discusses the various roles of pharmacists in anemia management, including their involvement in screening, diagnosis, drug therapy management, patient education, and interdisciplinary collaboration in optimizing care for patients with anemia.

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