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Awareness about Novel Coronavirus Disease 2019 (Covid-19) and Its Preventive Measure for Reducing Transmission

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ABSTRACT:

This document provides interim guidance to creating awareness among peoples about preventive interventions such as frequent hand wash, respiratory etiquettes (using handkerchief over mouth while coughing/ sneezing, use of tissue paper or using the sleeve of shirt covering upper arm, staying away from school when sick, avoiding public gathering etc) will help in preventing/ reducing transmission of not only this disease, but also large number of other communicable diseases, notably flu like illness. Further, such informed children can be agents of change for their family, community and beyond. Preventing transmission by respiratory droplets and contact: Cover mouth and nose with napkin or towel when coughing or sneezing. Wash hands for children frequently, or teach children seven-step washing technique. Try not to touch mouth, nose, or eyes before cleaning hands thoroughly after returning from public places, after covering the mouth when coughing, before eating or after using toilet; regularly disinfecting toys by heating at 56 °C for 30 min, 75% alcohol or chlorine-containing disinfectants, and ultraviolet rays. Reduce exposure to infection: Avoid public transport at epidemic areas, and wear masks when going to crowded or poorly ventilated public places; avoid touching or eating wild animals, and going to markets selling with live animals.

Keywords: 2019 novel coronavirus, 2019-nCoV, Respiratory disease, Pneumonia, Infectious diseases, Rapid advice guideline,

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