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A Review on Breast Cancer: Self Examination as an Early Tool for Diagnosis

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Abstract:

In the majority of countries around the globe, breast cancer is the most commonly identified malignancy among women. Breast self-examination (BSE) is one of the first beneficial screening tool that empowers women by increasing their knowledge of their breast tissues and aiding in the detection of any breast abnormalities that may emerge. The existence of a family history of breast cancer and the goal of early diagnosis of breast cancer were indicated boosters to frequent BSE adoption. Males and females react to breast cancer in different ways. Multi-center studies with more patients are needed to focus on treatment, prognosis, tumor biology, and survivability factors.

Keywords

Breast Self-examination, Women, Diagnosis, Breast Cancer

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