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Multi-Herbal Extract Vanishing Cream: Formulation and Assessment

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ABSTRACT: Formulating and assessing a herbal disappearing cream was the aim of the current study project. Creams made with herbs provide a number of benefits over other types. Most of the creams on the market nowadays are made from synthetic medications and add extra fairness to the face, but they may cause allergic reactions or other adverse effects like itching. The process used to produce the herbal cream was quite easy. In order to prepare the oil phase, a mixture of sodium carbonate, potassium hydroxide, and stearic acid was heated at 100 degrees Celsius. A second step involved preparing an aqueous phase. This consisted of a mixture of alcoholic extracts of crude drugs, such as clove, nagarmotha, tulsi, nutmeg, black pepper, wheat grains cereals, and neem. These extracts are sold commercially in various formulations for use in cosmetic or medicinal applications.

After that, the oil phase was continuously stirred while the aqueous phase was introduced. After the transfer was finished, it was allowed to cool to room temperature while being constantly agitated. The final step before the completed product was put in the appropriate container was to add the perfume. The prepared herbal cream mentioned above was assessed. Physical characteristics like appearance, homogeneity, and pH were established. The herbal formulation demonstrated good homogeneity, spreadability, pH, non-greasy texture, and no signs of phase separation. The cream that contained from herbal extract significantly reduced skin pigmentation and improved skin moisture and suppleness.

Keywords: Herbal extracts, Vanishing cream, Evaluation, Formulation, Crude drugs, Nutmeg, Wheat grain cereals, Black pepper, Neem, Clove, Nagarmotha.

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