

JOHP



Journal of Hospital Pharmacy An Official Publication of Bureau for Health & Education Status Upliftment (Constitutionally Entitled as Health-Education, Bureau)

## Ethosome Formation and Characterization: A Review of Methods and Techniques

Mansi kalra<sup>1</sup> and Gurminder kaur<sup>2</sup>

<sup>1</sup>Department of pharmaceutics, Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial College of Pharmacy Bela, Ropar, Punjab, India, Pin 140111 <sup>2</sup>Department of pharmaceutics, Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial College of Pharmacy Bela, Ropar, Punjab, India, Pin 140111

\*Corresponding authors:

Name- Mansi kalra, Corresponding address- Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial College Of Pharmacy Bela, Ropar, Punjab, India, PIN 140111

## Email Id: <a href="mailto:serviceheb@gmail.com">serviceheb@gmail.com</a>

**Abstract:-**. Elastic, phospholipid-based nanovesicles with 20–45% ethanol are called ethosomes. Ethosomes are vesicular systems with beneficial properties. They have better bioavailability for both hydrophilic and lipophilic medications due to their bilayer makeup (aqueous and lipid). Deeper stratum corneum and deeper skin layers with a high transdermal flow can be reached by the loaded medication due to stearic stability caused by greater ethanol concentrations (30–45%). The best vehicles for topical drug delivery are ethosomes because they are easy to make, non-irritating, efficient more stable greater than other vesicular systems previously created and more successful in capturing a range of pharmacological compounds having various levels of hydrophilia and lipophilicity. The application of ethosomal transporters presents researchers with a number of opportunities and challenges for further research

**Keywords:-** Transdermal administration of proteins, peptides, ethosomes, and skin interaction, Phospholipids.

Access this Article Online	Quick Response Code:
Website: http://www.journalofhospitalpharmacy.in	回線回
Received on 13/05/2025	
Accepted on 23/05/2025 © HEB All rights reserved	