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## **Exploring Prescribing Patterns of Dapagliflozin - in A Tertiary Care Hospital : A Prospective Observational Cohort Study**

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Department of Pharmacy Practice, Grace College Of Pharmacy, Palakkad, Kerala, India-678004 **Running title:** Evaluating the prescribing pattern of dapagliflozin in a tertiary care hospital and understanding the role of novel drugs in treatment of type 2 diabetes mellitus. Also understand the choices of antidiabetic drugs in the patients both conventional ones and newer ones.

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## **ABSTRACT**

Analysing the prescribing pattern of dapagliflozin in a tertiary care hospital. A Prospective observational study at Karuna Medical College Hospital, Vilayodi Chittur, Palakkad Kerala. The patients were divided into 2 groups with a prescription of dapagliflozin added to other hypoglycemic agents. The control group was patients using hypoglycemic agents who didn't have any sodium-glucose cotransporter 2 inhibitor(SGLT2i). The primary outcome is the change in HbA1C, FBS, PPBS, and Ejection fraction during the follow-up period from baseline and the study the pattern of prescribing the dapagliflozin to the patients. Dapagliflozin is currently considered as a suitable therapeutic option as a first-line or second-line therapy for the treatment of T2DM. The key findings of this study showed that the majority of prescriptions having dapagliflozin was as an add-on or switch therapy when the glycemic control had not been achieved with other traditional hypoglycemic agents. Also, the number of patients receiving dapagliflozin as a dual therapy which is either as an add-on to the traditional oral hypoglycemic agents. Patients with type 2 diabetes experienced a good-to-excellent effectiveness and

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tolerability profile after receiving dapagliflozin. As a result, generic dapagliflozin seems to be a viable therapeutic choice for the efficient control of type 2 diabetes.

*KEYWORDS*: Type2 diabetes mellitus, dapagliflozin, SGLT2 inhibitors, Prescribing pattern, Add-on Therapy, Oral hypoglycemic agents.

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