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Saraca asoca bark (Ashoka) pharmacological significance: an exciting past, an emerging present, and a promising future: A Review


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Abstract

Ayurveda is a traditional medical system that employs herbal therapies in a systematic manner. *Saraca asoca* (Roxb.) De Wilde, also known as Asoka, Sita Asoka, and Haempushpam, is a sacred tree. Caesalpiniaceae is a family of plants. Steroids, glycosides, flavonoids, saponins, carbohydrates, and tannins are among the phytoconstituents found in it. The current review focuses on a variety of pharmacological actions such as antimutagenic, neuroprotective, anti-helminthic, analgesic, haematinic, antioxidant, and anticancer that may improve health. This literature review was modified to thoroughly investigate pharmacological assays in an attempt to uncover additional plausible therapeutic activities.

Keywords - Ashoka, *Saraca asoca*, Pharmacological activity

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