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Medication Therapy management

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ABSTRACT:

Traditional role of pharmacist includes procurement, storage and dispensing in the healthcare system. This role is constantly evolving and new dimensions are added into it. Medication Therapy Management is also one of them. Medication management is a repeating process that involves patient assessment, creating and implementing a care plan, follow-up and evaluation. Care is provided through collaboration with patients and their healthcare teams, including physicians, nurses, pharmacists, dieticians, social workers, and patient care technicians.1 MTM works on five core elements which are repeated for effective outcome. Various models or interfaces can be used to achieve the improvement in patients' health outcomes through effective Medication Therapy Management. This review paper also discusses one innovative model of MTM and its effectiveness. MTM has many benefits, but still few challenges are also there which need to be recognized and mitigation strategies implemented.

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