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Nausea and Vomiting in Pregnancy; A Review Article

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ABSTRACT

Morning sickness is a common symptoms in pregnancy which in the first trimester of pregnancy. The severe of nausea and vomiting is a condition called hyperemesis gravidarum which effects about 3 in 100 patients, it lead to hospitalisation, malnutrition, weight loss, vitamin deficiencies and low birth weight. Metabolic, endocrine hormone, gastrointestinal, psychologic, environmental and history of previous NVP play a role in morning sickness. HG may lead to maternal and fetal complications. Adequate oral hydration and avoidance of dietary triggers are helpful to reduce the symptoms but in severe case need antiemetic drugs. This proposal reviews thinking on the common etiology, complications and management of the causes of NVP and HG.

Keywords; Nausea, vomiting, pregnancy, Hyperemesis gravidarum, complications, management

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