



Journal of Hospital Pharmacy
An Official Publication of Bureau for Health & Education Status Upliftment
 (Constitutionally Entitled as Health-Education, Bureau)

Glimpse of *Alpinia galanga*: A Review

*Sawant S.V. ^{*1}., Shinde P.N.², Nevase K.D.³, Misal R.S.⁴, Mohite M.D.⁵, Ovhal S.P.⁶, Mundfane T.B.⁷*

^{1,2,3,4,5,6,7} SPMs College of Pharmacy, Akluj


Email: serviceheb@gmail.com, sanjivanivsawant@gmail.com

Abstract:-

Herbal medicine is gaining popularity in both developed and developing countries. The Zingiberaceae family includes the plant *Alpinia galanga*. The plant is grown in Malaysia, Egypt, the Arab Gulf, Indonesia, India, China, and Sri Lanka. The plant is used in Thai folk medicine, Ayurveda, and Unani. The digestive system and appetite are stimulated by the seed of *Alpinia galanga*. Both mono- and sesquiterpenes as well as (E)-methylcinnamate are naturally present forms of these. They are also in charge of the characteristic odour in addition to the reported uses of *A. galangal* in (folk) medicine and culinary applications. *Alpinia galanga* included flavonoids and volatile oils.

An extensive spectrum of pharmacological activities, including antibacterial, antifungal, antiviral, antiprotozoal, immunomodulatory, anti-oxidant effect, antidiabetic, antiplatelet, hypolipidemic, and many other pharmacological actions, have been reported for the plant in prior studies. In Thailand and other Asian nations, *Alpinia galanga* is frequently utilised as a cosmetic ingredient. This review, based on a number of recent studies, discusses the chemical composition, pharmacological activities, and therapeutic effects of *Alpinia galanga*.

Keywords: *Alpinia galanga*, cosmetic ingredient

Access this Article Online	Quick Response Code 
Website: http://www.journalofhospitalpharmacy.in	
Received on 1/03/2023	
Accepted on 03/03/2023 © HEB All rights reserved	