



**Journal of Hospital Pharmacy**  
**An Official Publication of Bureau for Health & Education Status Upliftment**  
**(Constitutionally Entitled as Health-Education, Bureau)**

## Neurological Disorder's treatment with traditional medicine

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### Abstract

The significance of herbal medicine in the management of diverse psychiatric conditions has been increasingly recognized in the last ten years. Due to their numerous undesirables but inevitable adverse effects, many synthetic medications have higher patient compliance rates. As a result, herbal remedies are favored over traditional ones. Herbal remedies for various brain illnesses are receiving a lot of interest and consideration. A wide range of natural medications used to treat particular brain problems are covered in this article. The source of the active ingredient and the particular portion of the plant being used are also covered in this article. In 2007, a systematic review of herbal medicines was conducted to address the previous lack of comprehensive evaluations in the field of psychiatric disorders. The objective of this narrative systematic review is to present a 10-year update of the medical research in the field and to examine and elaborate on additional studies that have been carried out. This review utilizes a refined and specific set of inclusion criteria to concisely analyze the evidence and to allow for a comprehensive discussion of notable advancements in the field and areas that require further research attention. This update is also significant considering the revision of the Diagnostic and Statistical Manual for Psychiatric Disorders to Edition 5, which holds medical significance.

**Keywords-** Parkinson's disease, Alzheimer's disease, Neurological disorders, CNS, TCM.

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| Website: <a href="http://www.journalofhospitalpharmacy.in">http://www.journalofhospitalpharmacy.in</a> |  |
| Received on 01/01/2024   |  |
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