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## Geographical Distribution of Covid-19 Unlocking Effects on Psychological Problems

Charmi C. Rajveer, Hirni J. Patel, Jay P. Nimavat, Mohit D. Buddhadev, Guno S. Chakraborty

Department of Pharm.D, Parul Institute of Pharmacy and Research, Parul University, Vadodara, Gujarat-391760

**Email Id:** [serviceheb@gmail.com](mailto:serviceheb@gmail.com)

### ABSTRACT

**Background:** - The COVID-19 pandemic is a unique challenge to humanity in recent times. The psychological impact and stress during the unlocking period in a pandemic would likely to be huge and challenging to the human race.

**Objective:** - This survey is conducted to know the Geographical Distribution of Covid-19 unlocking effects on psychological problem and how stressed people are in this current scenario to build up their confidence level.

**Materials and Methodology:** - An online study that was directed utilizing Google forms and link was sent utilizing WhatsApp, Facebook, and Instagram. A self- answered questionnaire survey was utilized for the investigation. The study poll would take 4- 5 min to finish.

**Result:** - A total of 496 participants from which 473 were from different zones of Gujarat and 23 were from other states of India. Among all the participants 272 (54.8%) were male and 223 (45%) were female and 1 (0.2%) chose other. Among all of them, 30.8% did not face any financial issue, 5.8% had family/relationship issue, 23% of the participants were feeling stressed for their future career due to pandemic. 18.1% of participants were extremely stressed, going outside even after talking about all the precautions.

**Conclusion:** - From survey report, it was found that there were significant increase in the issues after the unlock in a particular zone.

**Keywords:** - COVID-19, Psychological Problem, Unlock Effect

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