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Journal of Hospital Pharmacy
 An Official Publication of Bureau for Health & Education Status Upliftment
 (Constitutionally Entitled As Health-Education, Bureau)

JOHP

PRE DIABETES: Current Aspects and Management

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ABSTRACT

Prediabetes is an intermediate state of hyperglycemia with glycemc parameters above normal but below the diabetes threshold. While, the diagnostic criteria of prediabetes are not uniform across various international professional organizations, it remains a state of high risk for developing diabetes with yearly conversion rate of 5%-10%. Observational evidence suggests as association between prediabetes and complications of diabetes such early nephropathy, small fiber neuropathy, early retinopathy and risk of macrovascular disease. The Present article focus Symptom, New method of Diagnosis, Current treatment protocol for Prediabetes.

Key Word : Prediabetes, Glycemia, Hyperglycemia, Fasting Plasma Glucose,

Access this Article Online

Website: http://www.journalofhospitalpharmacy.in	Quick Response Code:
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