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An Overview of Abnormal Uterine Bleeding in Women

Sarika goud Bommena¹, Sowmyasree², Archana Reddy³, Divya Reddy⁴, Amulya⁵

Department of Pharmacy Practice-PHARM D 5th YEAR

Mallareddy Institute of Pharmaceutical Sciences, (Affiliated to Jawaharlal Nehru Technological University)

Corresponding author, Sarika goud Bommena, Department of Pharmacy Practice, Malla Reddy Institute of Pharmaceutical Sciences

Email Id: serviceheb@gmail.com

ABSTRACT:

BACKGROUND- Abnormal uterine bleeding is a term used to describe prolonged or unusual bleeding from the uterus throughout the monthly cycle. The condition is thought to be the most prevalent and crippling ailment that gradually affects women's quality of life and eventually necessitates surgical intervention. Abnormal uterine bleeding is said to be the most common issue seen in the women of reproductive age from the gynaecology department. If the illness is not properly managed, it results in significant blood loss which leads to ID or IDA. System of classification for describing the Aetiology of Abnormal uterine Bleeding was approved by the International Federation of Gynaecology and Obstetrics in November 2011.

CONCLUSION- A Summary of the most recent research on the Diagnosis, Symptoms, Investigations, Causes and Management of AUB is clearly mentioned in the document. The Recommendations listing the various indications, side effects of significant blood loss are intended to address the need to enhance the women's life. The reviewed literature from the various resources supports the goals of education and research for improved patient care and knowledge.

KEYWORDS- ID-iron deficiency, IDA-iron deficiency anaemia, AUB- abnormal uterine bleeding, BTB- break through bleeding, FIGO- the international federation of gynecology and obstetrics, SOGC- the society of obstetricians and gynecologists of canada, NCBI-national centre of biotechnology information, NSAIDs- non steroidal antiinflammatory drugs, FDA-food and drug administration.

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