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Short communication

COVID-19: Abstruseness of Viral Pestilence and Diabetes

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Abstract:

The present pandemic COVID-19 which terrorized the contemporary world shared tangled relationship with diabetes. The recent trend has shown that subjects with diabetes mellitus (DM) were found to have more propensities for multiple variants of COVID attack, however the mystery yet to be unraveled with strong research evidence between the dual relationships. Regardless of the emergence of COVID-19 viral pandemic, the DM, has been provocative for many infections like acute respiratory distress syndrome, being host for complications like microvascular and macrovascular besides hospitalization and mortality. For whatsoever the reason, contravening the protocol, especially by those who are inattentiveness towards their diabetes management may lead to synergistic epidemic or so called “**Syndemic**” the new term evolved involving both pandemics diabetes and COVID-19. If an individual (diabetic) effected with COVID-19, it may aggravate the diabetes which may not only attributed to virus but also steroids which are intended to treat the patient. By considering above facts it is noteworthy to mention that pharmacist (clinical/community) can play a prominent role in bringing the awareness of this “syndemic” among diabetic population especially who are on steroids and anti-diabetic medications irrespective of pre/post COVID-19 patients.

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